



JSON Web Tokens (JWTs) Are Not Safe

This webinar discusses why security experts believe JWTs aren't safe for user sessions — and a battle-tested alternative. Based on the widely popular e-book.

Will Johnston



Introduction

- Will Johnston, Developer Growth Lead at Redis
- Over 15 years of software development experience
- Worked in startups all the way to Fortune 50
- You may recognize me: youtube.com/c/Redisinc
- redis.com/try-free?coupon=JWT3



What we will cover

In this webinar we will explore:

- HTTP Sessions, Authentication, and Authorization
- Why you might decide to use JWTs
- The perceived benefits and actual dangers of using JWTs
- JWT workarounds and their complexities
- How to use Redis for session storage
- Session storage using Redis as a primary database

JSON Web Tokens are popularly used for managing user sessions. However, there are many in-depth articles and videos from subject matter experts (SMEs) of security companies like Okta talking about the potential dangers and inefficiencies of using JWT tokens.

Yet, these warnings are overshadowed by marketers, YouTubers, bloggers, course creators, and others who knowingly or unknowingly continue to promote them.

“JSON Web Tokens can be used to validate user locally without the need for a database but then you put yourself at risk for massive security issues.”

Source: “[Why JWTs Are Bad for Authentication](#)”—Randall Degges, Head of Developer Advocacy, Okta, a leading enterprise identity provider.

“To be clear: This article does *not* argue that you should *never* use JWT—just that it isn’t suitable as a session mechanism, and that it is dangerous to use it like that. Valid usecases *do* exist for them, in other areas.”

Source: “[Stop Using JWTs](#)”

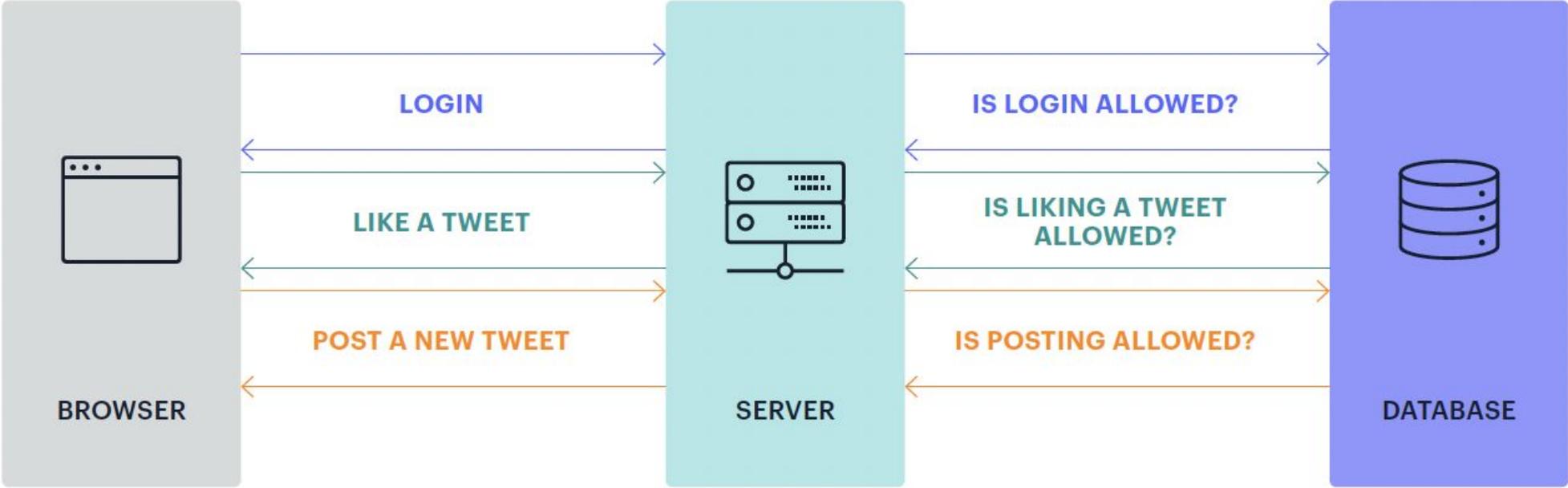
“I don’t care if you want to use stateless client tokens. They’re fine. You should understand the operational limitations (they may keep you up late on a Friday scrambling to deploy a token blacklist), but, we’re all adults here, and you can make your own decisions about that.”

The issue with JWT in particular is that it doesn’t bring anything to the table, but comes with a whole lot of terrifying complexity. Worse, you as a developer won’t see that complexity: JWT looks like a simple token with a magic cryptographically protected bag-of-attributes interface. The problems are all behind the scenes.”

Source: Thomas H. Ptacek, a well-known security researcher [on Hacker News](#).

HTTP Sessions, Authentication, and Authorization

Use Case: Twitter



Challenges with Sessions

Five major challenges

1. Session data needs to be stored somewhere.
2. Session data must be sent back to the client so the client can add information to future requests.
3. The client then needs to send the session data back to the server for future requests.
4. The server needs to verify if the client's information is valid; that is, "authentication" and "authorization." For example, whether or not the user who is liking a tweet is a "user" or "admin," if the session expired or not, etc.
5. Session expiration. At some point, the session needs to expire to force people to log in again for security reasons.

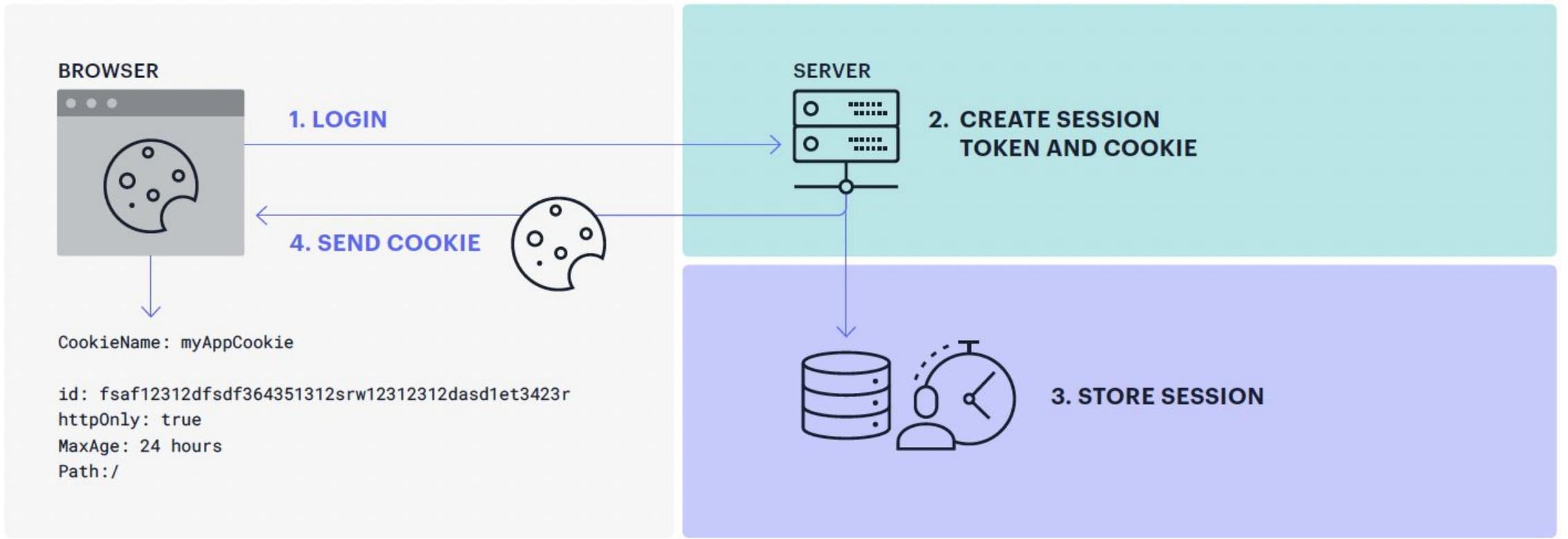
1. Where to store the session data

- On the client
- In server memory
- In the database

2. How to send session data to the client

SESSION TOKEN	SESSION
fsaf12312dfsdf364351312srw12312312dasd1et3423r	<code>{user_name: raja, email: raja@redis.com, isAdmin: true, shoppingCart:3, session_expiration:Aug-25th}</code>
sdfsdfsdfsd24323456456dfdfasda454	<code>{user_name: Mike, email: Mike@redis.com, isAdmin: false, shoppingCart:1, session_expiration:Aug-22th}</code>

3. How the client sends session tokens to the server



4. How the server handles authentication and authorization

1. **You are authenticated:** Your login data is still valid
2. **You are authorized:** You can login, but do you have permission to perform a specific action?

5. When will the session expire

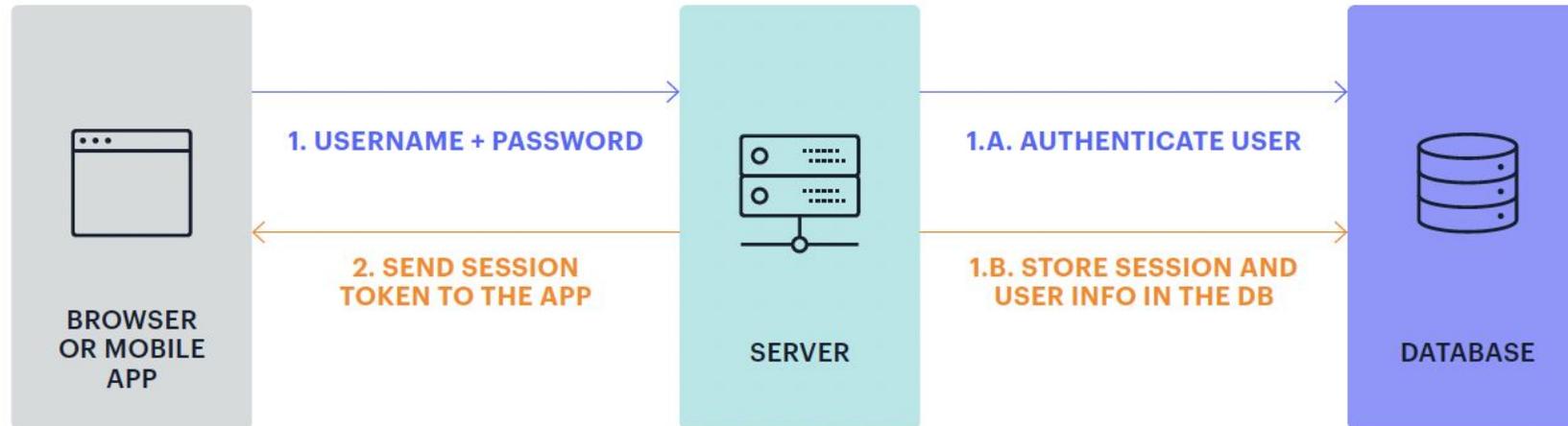
- Whenever
- Once expired, re-login is enforced
- OAuth works a little differently

Summary

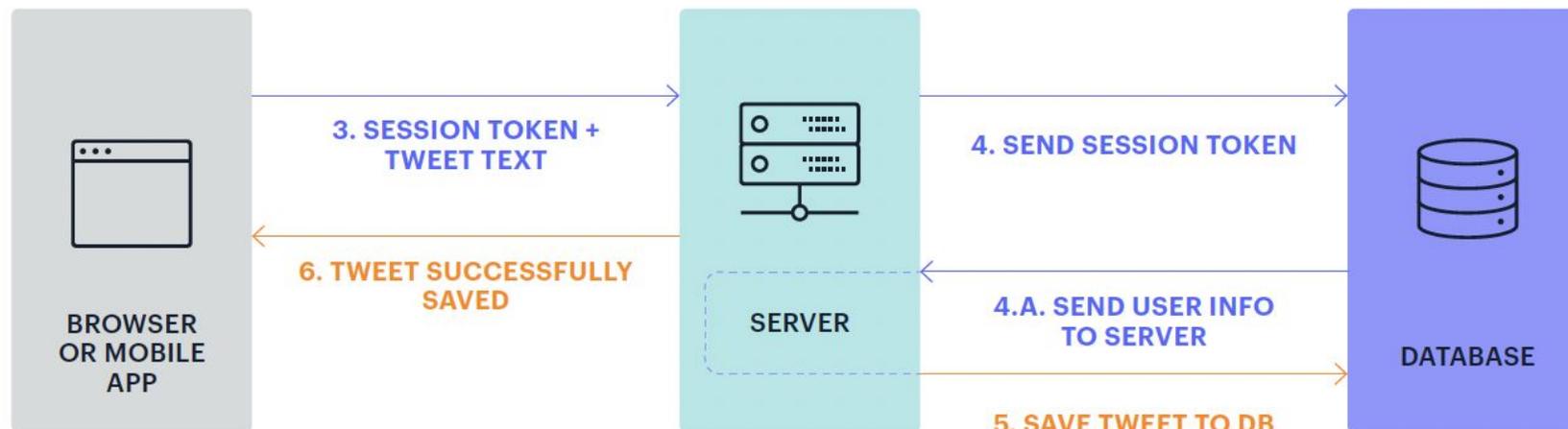
- HTTP is stateless, so to keep track of a user upon login, a “session” is created.
- A session is data about a user and their activity.
- Session data is typically stored in a database.
- A “session token” is used to authorize and authenticate a user, and is exchanged between the server and client on every request.
- The server calls the database on every request to check if a session is valid and get the session information

Storing Sessions in a Traditional Database

Login Scenario



Send a Tweet



Problem: Sessions stored in the database slow down requests

How to solve this:

- Eliminate database lookups for sessions completely
- Make the extra database lookup much faster so the additional hop won't matter

Eliminate lookups:

- Store the state in the server's memory
- Use "sticky sessions"
- Use JSON Web Tokens

Make database lookups fast:

- Simply use Redis

Using JWTs for Sessions

Encoded PASTE A TOKEN HERE

```
eyJhbGciOiJIUzI1NiIsInR5cCI6IkpXVCJ9.eyJzdWIiOiIxMjM0NTY3ODkwIiwibmFtZSI6IkpvaG4gRG9lIiwiaWF0IjoxNTE2MzQ0MDUyLj00LTBhK_ijyZLw2-SCdjJtIs-x4S0KsEXhsKSTU
```

Decoded EDIT THE PAYLOAD AND SECRET

HEADER: ALGORITHM & TOKEN TYPE

```
{  "alg": "HS256",  "typ": "JWT"}
```

PAYLOAD: DATA

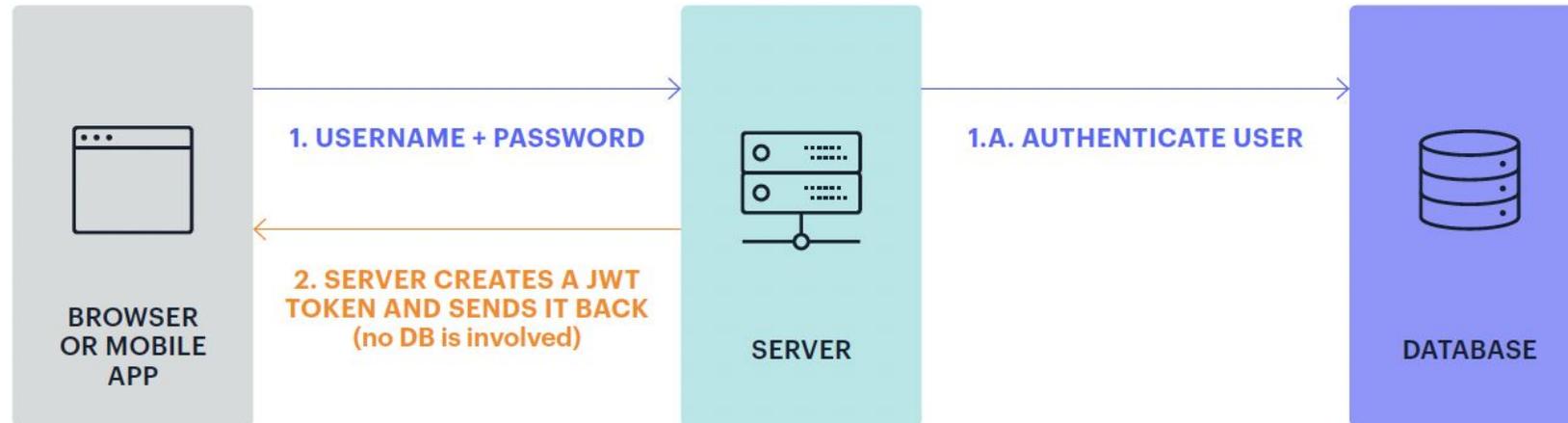
```
{  "sub": "1234567890",  "name": "John Doe",  "iat": 1516239022}
```

VERIFY SIGNATURE

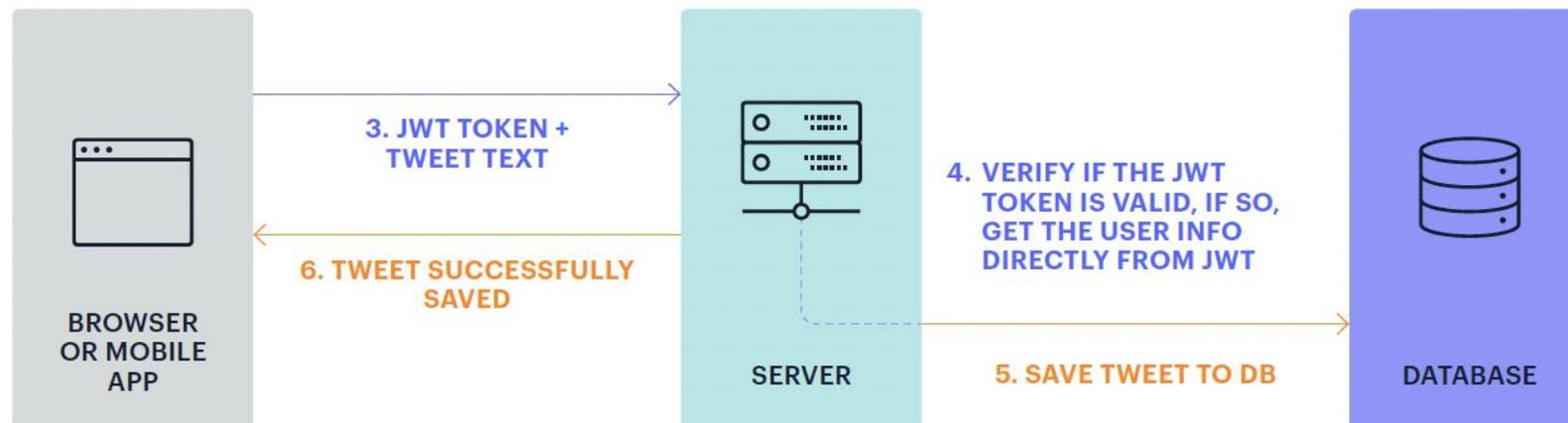
```
HMACSHA256(  
  base64UrlEncode(header) + "." +  
  base64UrlEncode(payload),  
  your-256-sdfdsfdfsd  
)  secret base64 encoded
```

Twitter with JWTs

Login Scenario (JWT)



Send a Tweet (JWT)



The JWT spec is too relaxed

- Written like HTML
- Provides workarounds to allow a variety of use cases (i.e. edge cases)
- Burdens engineers who must know how to avoid all the loopholes
- What might technically follow spec could also be insecure

The “none” algorithm

Client:

```
{  
  alg: 'none' // algorithm none, HS256, RS256, etc etc  
}
```

Server:

```
//read the algorithm from the request header  
const token = jwt.sign(payload, secret, {algorithm: req.header.alg})
```

Claims are optional

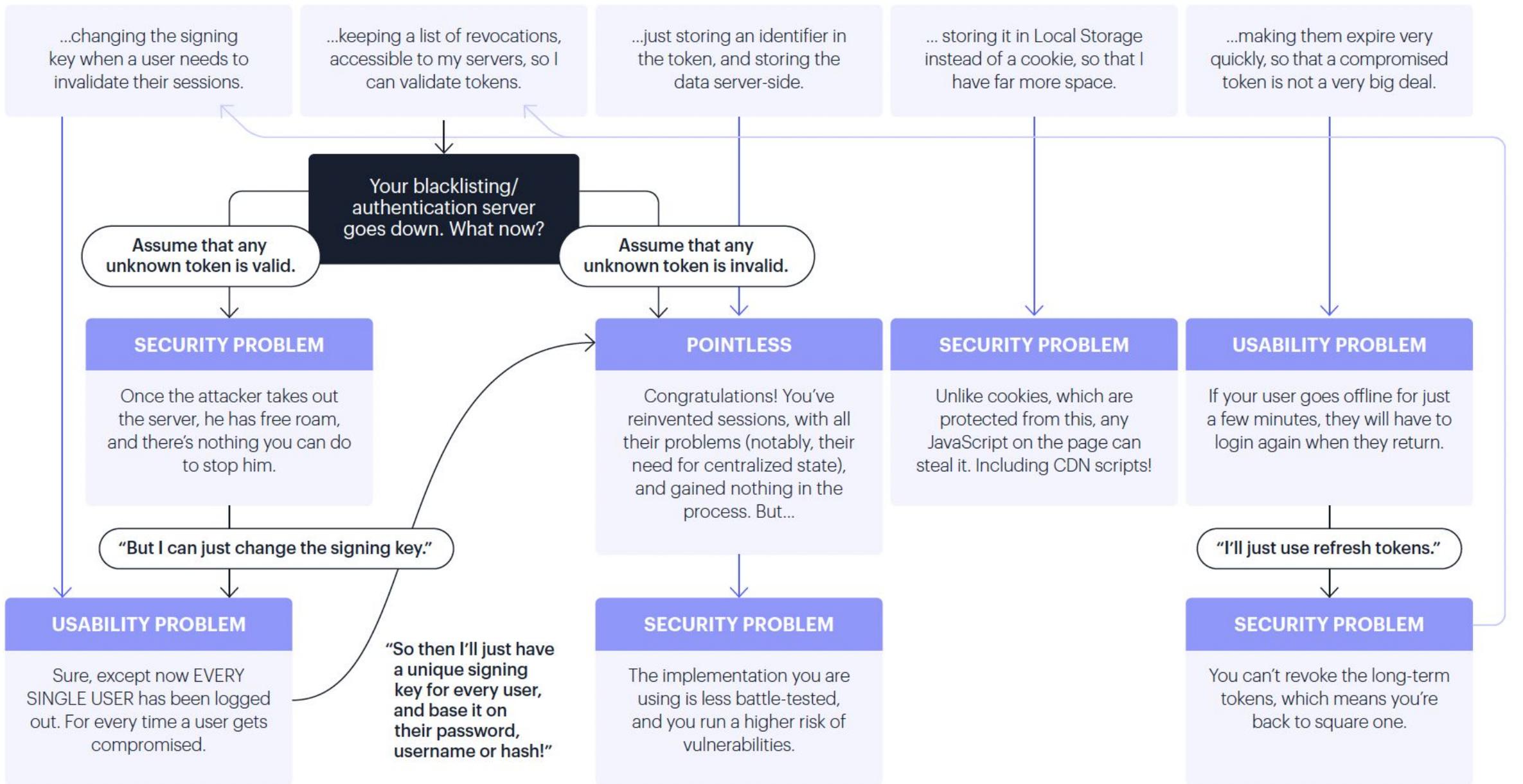
```
{
  sub: '12345' //subject
  iss: 'MyService' //issuer
  aud: 'PaymentAPI' //audience
  exp: '1234565456', // expiration
  iat: '1232312312', //issue time
  name: 'Raja', //custom payload
  admin: 'true' //custom payload
}
```

Other considerations and issues

- Length of tokens
- Stateless? Not really

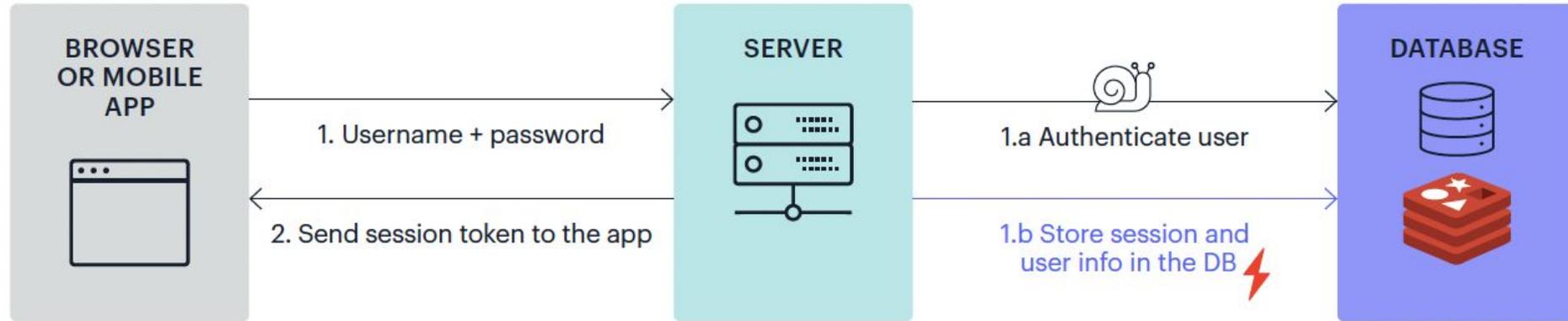
Bottom line on why JWTs are dangerous

- Logout doesn't really log you out
- Blocking users doesn't immediately block them
- JWTs can contain stale data
- JWTs are often unencrypted

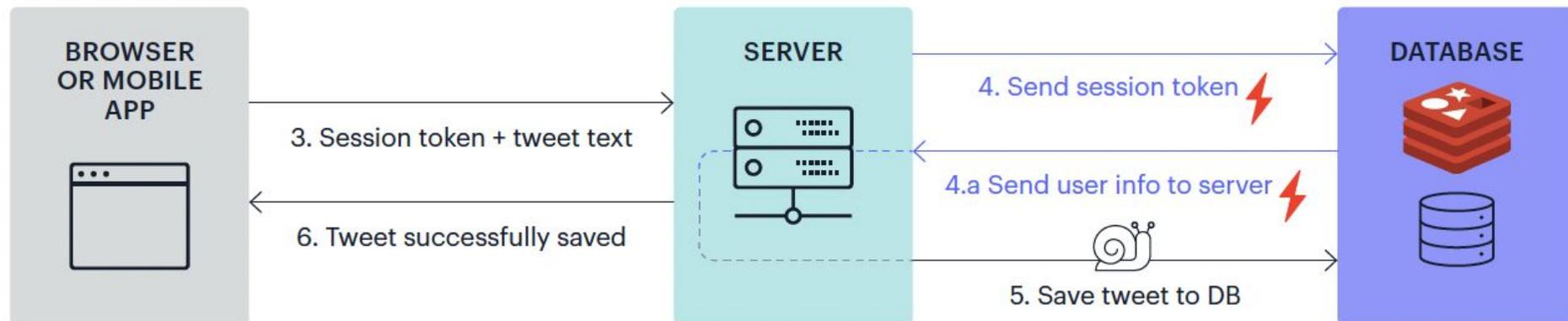


Storing Sessions in Redis

Login Scenario



Send a Tweet



Storing Sessions in Redis with Node and Express

```
const redis = require('redis')
const session = require('express-session')

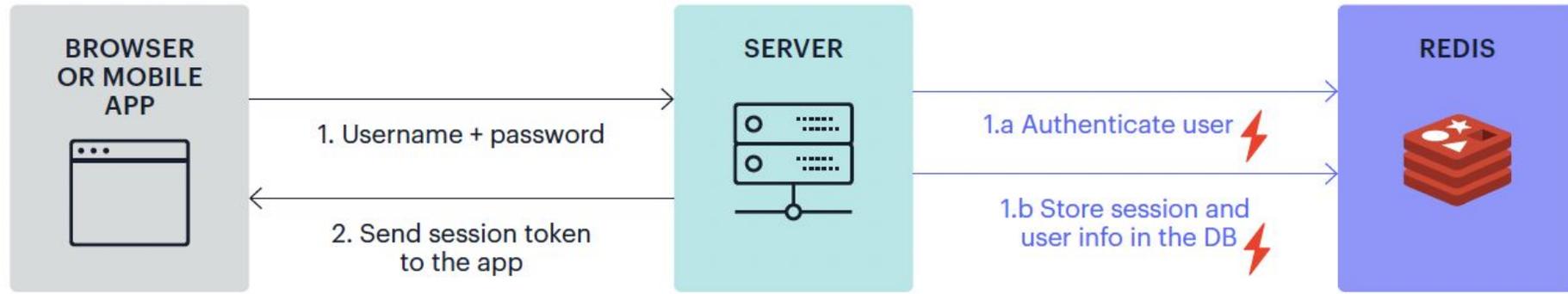
let RedisStore = require('connect-redis')(session)
let redisClient = redis.createClient()

app.use(
  session({
    store: new RedisStore({ client: redisClient }),
    saveUninitialized: false,
    secret: 'keyboard cat',
    resave: false,
  })
)
```

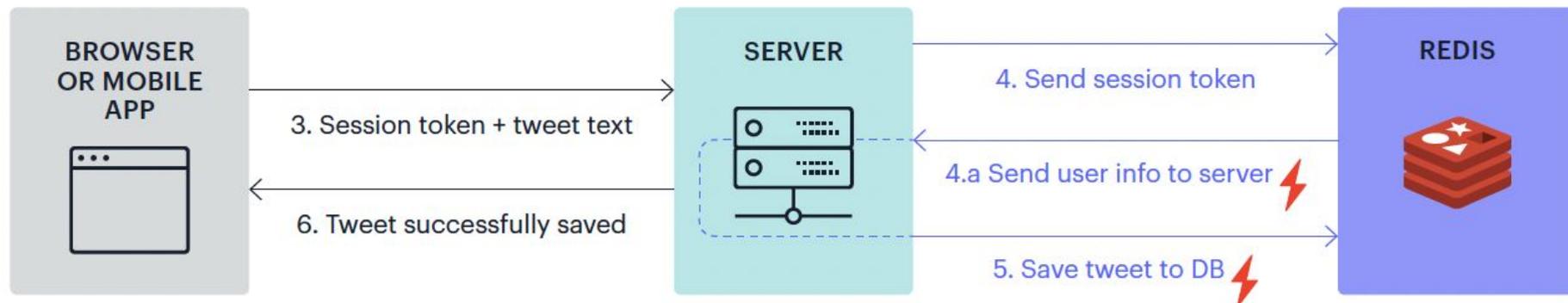
```
// Access the session as req.session
app.get('/', function(req, res, next) {
  if (req.session.views) {
    req.session.views++
    res.setHeader('Content-Type', 'text/html')
    res.write('<p>views: ' + req.session.views + '</p>')
    res.write('<p>expires in: ' + (req.session.cookie.maxAge / 1000) + 's</p>')
    res.end()
  } else {
    req.session.views = 1
    res.end('welcome to the session demo. refresh!')
  }
})
```

Sessions with Redis as the primary database

Login Scenario



Send a Tweet



Thank You

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Q & A

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